



Keele CTU Study Email:  
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## PROMPPT Trial (MOPP Study) Administrative Team Guidance

Your GP practice has agreed to host the PROMPPT trial that comprise three studies, the first is called the MOPP Questionnaire study and the second is a pain management review. This document outlines guidance for the administrative team if patients contact the GP practice about any part of the PROMPPT study, and then outlines the steps the administrative team will need to take to ensure the success of the pain review.

### Scheduling pain reviews

Once a patient returns a baseline questionnaire and consent form to Keele Clinical Trials Unit (CTU), Keele CTU will send patients a letter (on GP headed paper) inviting them to schedule a pain review with the practice pharmacist and a 'Getting ready for your pain review' leaflet. Patients will be asked to contact their GP practice to arrange the appointment (see box for guidance below). Keele CTU will contact the GP practice to regularly send lists of patients who have consented to take part in the MOPP questionnaire study and will highlight when a patient has been invited to book and attend a pain review.

If after 2 weeks of the invitation letter being sent the patient has not booked a pain review, a member of staff in the GP practice will call the patient to schedule a review, if the patient is happy to go ahead. Again, if after another 2 weeks (4 weeks since the invitation letter was sent) the patient has not booked a pain review, a member of staff from the GP practice will call the patient again to try and schedule a review, if the patient is happy to go ahead. How this process is managed should be agreed by the pharmacist and the administrative team.

### **Patient telephones GP practice to schedule a pain review**

- Arrange pain review at least 2 weeks in advance (allows time for Keele CTU to contact patients regarding audio-recording process)
- Ensure the patient is aware that the pain review will take around 30 minutes
- Taking into account patient preference, confirm arrangements for the format of the pain review i.e. face-to-face, telephone, video call
  - If a telephone consultation is arranged - Make patients aware that the telephone call may appear as a blocked number on their phones
  - If a video consultation is arranged - Explain to the patient that in the event that the video call fails, the pharmacist will try telephoning the patient as a back-up plan and confirm an appropriate number to call

## Keeping in contact with Keele CTU

It is important for the GP practice and Keele CTU to communicate regularly to ensure the success of the trial.

### **GP practice/pharmacist should contact Keele CTU ([sch-tr.studyprompt@nhs.net](mailto:sch-tr.studyprompt@nhs.net))**

- As soon as a pain review has been booked - confirm the date, time and format (face-to-face, telephone, video call)
- To confirm the 2-week reminder call (if required) and record the outcome of the call i.e. pain review booked or not
- To confirm the 4-week reminder call (if required) and record the outcome of the call i.e. pain review booked or not
- When a patient expresses that they do not want to attend a pain review and the reason why if given by patient
- To confirm when the pain review has taken place
- To confirm when a pain review has been audio-recorded
- To confirm when follow-up pain reviews are scheduled (date, time and format)

## Frequently asked questions

All research documentation for the PROMPPT trial (MOPP study) directs patients to contact the researchers at Keele CTU if they have any questions regarding the study. However, with the original invitation for the study being sent from the GP practice, patients may contact the practice with questions regarding the MOPP study and the pain reviews. The PROMPPT study team have designed the research study documentation, particularly the participant information sheets, to be as detailed as possible and hope that the information provided answers the patient's questions. However, if patients do contact the GP practice with questions the research team have formulated some frequently asked questions that may help to answer them.

If there is a question that the administrative team are unsure about, please direct the patient to contact the MOPP research study team by calling 01782 732950 or emailing [sch-tr.studyprompt@nhs.net](mailto:sch-tr.studyprompt@nhs.net).

Any questions relating to the pain review that the administrative team are unsure about, please direct questions to the Practice Pharmacist.

## ***MOPP Questionnaire Study Frequently Asked Questions***

### *What is the MOPP study about?*

This GP practice is working with researchers at Keele University to undertake a study looking into patients' use of pain medicines called opioids (for example codeine, co-codamol, tramadol, morphine) for the management of long-term pain. The aim of this study is to find new ways to provide the best care for patients taking opioids.

### *What does the MOPP study involve?*

If you choose to participate, your involvement can include three things. You can provide consent to each of the study components that you are happy with:

1. Questionnaire study – completing 4 questionnaires (either electronic or a paper booklet). One at the start of the study and one at three, six and twelve months later
2. Allowing the research team to access de-personalised information from your medical records to better understand your medical history
3. Being contacted by the research team about future related research

### *Why have I been invited to take part in the MOPP study?*

You have been invited to take part because you have long-term pain and the GP has regularly prescribed opioid medicines for you (for example codeine, co-codamol, tramadol, morphine).

### *Do I have to take part in the study and will not taking part affect the care I receive at my GP Practice?*

No, it is up to you if you want to take part. If you decide not to take part, the usual care you receive from your GP will not be affected in any way.

### *If best practice is to have regular reviews of pain medicines, can I book an appointment to have a review of my pain (opioid) medicines?*

As you will be aware we are currently working with Keele University to help develop new ways to improve care for patients who use opioid medicines for long-term. As a result of this work you may be invited to attend a pain management review with the practice pharmacist working at the practice. However, you may request an appointment with your GP to discuss your pain management at any time.

## ***Pain Review Frequently Asked Questions***

*How long will the pain review be?*

The initial pain review with the practice pharmacist will be scheduled for 30 minutes to allow time to discuss your pain and the opioid medications that you take for the pain. Shorter follow-up appointments may be arranged if needed.

*'What will happen at the pain review?'*

During the pain management review the practice pharmacist will discuss your opioid medications and potential changes that could be made to help you live better with your pain. If changes in dose are discussed, the decision to make the change will still be yours and you will not be forced to do anything that you do not want to.

*Will I still be able to see my GP if I attend a pain review with the practice pharmacist? What happens if the practice pharmacist advises something different to the GP prescription?*

Yes, you will still be able to see your GP for any concerns you have. The practice pharmacist and GP work closely together to try to provide the best care for patients. The practice pharmacist will make sure your GP and other practice staff are aware of the pain management plan and any changes to your medicines that have been agreed.